

Join the City of Muskegon and 1 in 21 Healthy Muskegon County for a community walk that celebrates the beauty of our environment and promotes the health of our community!

The route follows the Lakeshore Trail to the nature preserve in North Muskegon, then turns back to Fisherman's Landing for a 4 mile walk.

THE 5K RUN IS BACK WITH A NEW ROUTE!

The 5k run will follow the Lakeshore Trail north with a turnaround at the halfway point, finishing back at Fisherman's Landing. This free 5k event is not chip-timed, but a start/end clock will be on site.

THIS IS A FREE COMMUNITY EVENT!

Check-in/Onsite Registration: 8:00 am 5k start: 8:30 am Walk start: 9:30 am

Online registration will be available June 1, 2014 at shorelinecity.com

(Pre-registration encouraged, but not required.)

COMMEMORATIVE YOUR LABOR DAY RUN OR WALK WITH A T-SHIRT!

Shirts <u>must</u> be pre-ordered by calling 724-6705 or online at <u>shorelinecity.com.</u> (online ordering available on June 1, 2014)



Questions? Call 724-6705

